



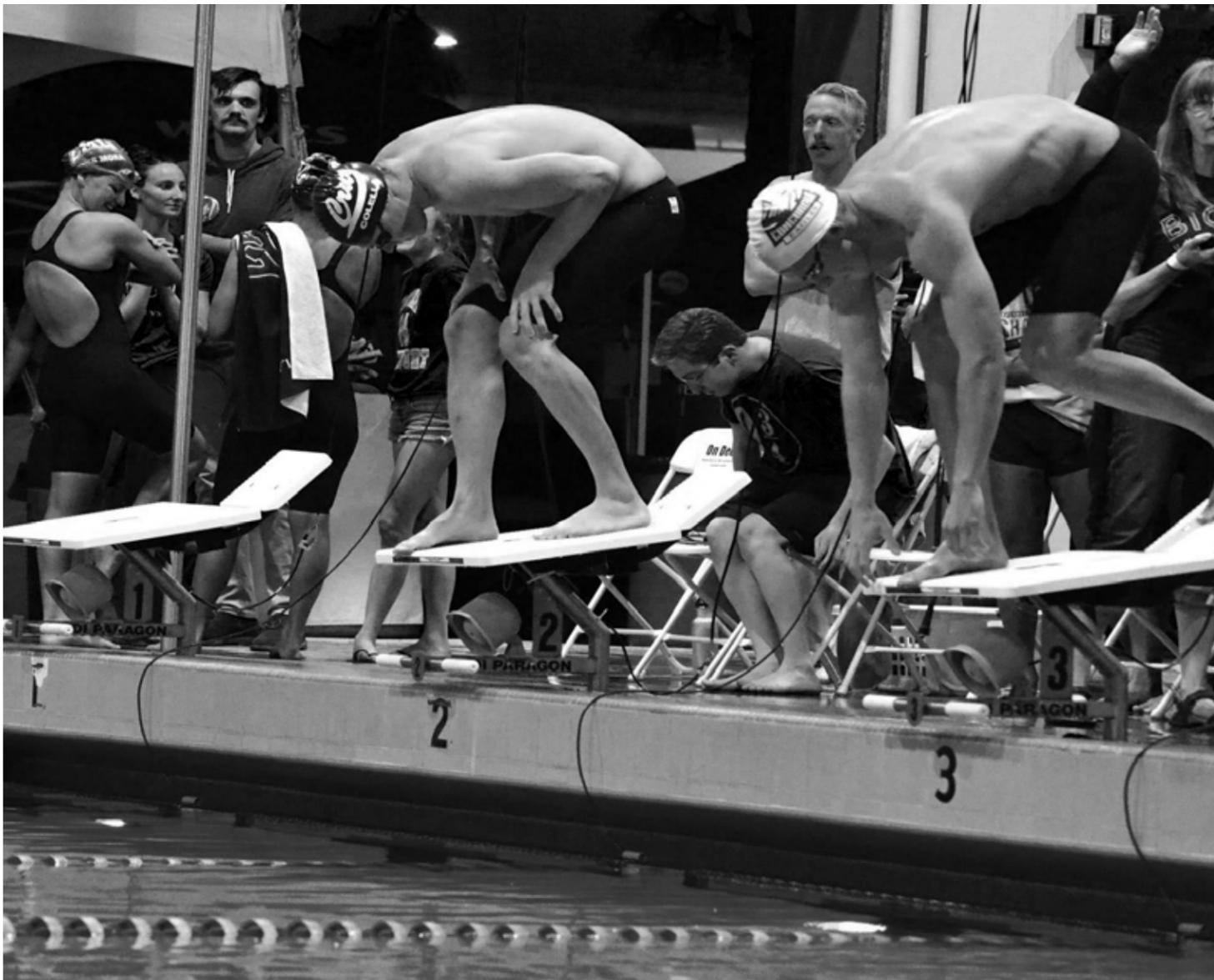
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Swim season concludes at PCSC Championships



CELINA STRATTON
SPORTS EDITOR

Last weekend, the Men and Women's Swimming and Diving teams competed in the Pacific Collegiate Swim Conference (PCSC) Championships at East Los Angeles College in Monterey Park, CA on Feb. 12-15.

Since the team is ineligible to compete at Nationals until 2018 because of the university's transition to the NCAA, the PCSC Championships marked the end of a lengthy seven-month season for the Eagles.

The four-day event concluded with impressive finishes from several swimmers and the team's single diver. According to cuieagles.com, junior Demi Seghezzi, the only diver on the team, placed eighth in the women's 3 M and seventh in the women's 1 M diving competitions.

Other standouts from this past weekend include seniors John Dowd and Josh DelaRosa and juniors Ryan Caverly and Dylan Alba, with Alba and Dowd making the NCAA Division II 'B' cut. To compete at Nationals, the NCAA takes a selected number of swimmers with qualifying times and groups them in the 'A' cut as the first qualifying section. If there are more spots to be filled, swimmers with 'B' cut times can be chosen and invited to compete at Nationals as well.

Freshman Marleigh Aulis, who has had a powerful start to her collegiate career with the Eagles, continued to impress and swam the 500 freestyle in 5:00.51, making the NCAA 'B' cut standard with Dowd and Alba. Along with the 500 freestyle, Aulis swam the 200 freestyle and the 400 individual medley (IM). Reflecting on her dominant first season and the PCSC Champion-

ships weekend, Aulis said, "It's very team-oriented and I am glad I had the coaches and team I had. [The PCSC Championships] were a blast and I was happy with my performances."

Swimming and Diving Head Coach, Jeff Boss, is already planning ahead for the future of his swim team in the new conference. "We're looking forward to the NCAA competition in a couple of years and we do have swimmers on our team now who have made NCAA qualifying times," Boss said.

In the coming seasons, the team standards will remain the same despite entering the NCAA. "Our expectations are always the same. We want people to get good grades and train hard and improve," Boss said. Aulis added that her plans for next season include "working on morning swims" and "making sure the new

people feel as welcomed as [she] did in [her] first year."

Their successes have come athletically and academically. Both teams were named to the College Swimming Coaches Association of America (CSCAA) Scholar All-America Team after maintaining a 3.0+ cumulative GPA.

At the end of the weekend, Concordia finished seventh in the women's final standings and fourth in the men's at this year's PCSC Championships. As the season concludes, the team will be recruiting young talents like Aulis. "The team is amazing and I could not have done anything in or out of the pool without them, coaches included," Aulis said.

Results for all swimming and diving events can be found on the PCSC official website at <http://www.pacificswimanddive.org>.

Orange County jailbreak provides lesson in crisis communications

CAROLINE WONG
FACULTY ADVISOR

Communication Studies major Zachary (Zack) Moghaddam, was searching for an opportunity to combine his interests in public information and law enforcement in a practical, real-life application. A senior close to entering the job market, "I wanted to do an internship before I graduated," Moghaddam said.

Research led Moghaddam to a public affairs internship opportunity at the Orange County Sheriff's Department headquarters in Santa Ana. The internship is competitive and the application process alone can be daunting. "I applied for it, sending in my cover letter and resume," said Moghaddam. "Then they asked me to do a blog post to see how I communicate."

Two more interviews followed, along with "a lot of paperwork" and a background check, but Moghaddam, a former high school football coach, was undeterred. "I said, 'I'm going to do this.' I used to coach football and I learned how you need to pursue excellence. It's the steps that you take to get to that point. You have to stay focused."

His persistence was rewarded with an internship in the Sheriff's Department reporting to Ray Grangoff, Government Relations Manager. Intern projects include assisting with blog and social media posts, developing information materials for elected officials, and staffing community events. Through these experiences "interns have the opportunity to learn about law enforcement, county government, and how we communicate to the public through the media," Grangoff explained.

While there is no typical day at the Sheriff's office, the environment turned highly unusual – and decidedly urgent – on Fri., Jan. 22 when inmates Hossein Nayeri, Jonathan Tieu and Bac Duong were discovered missing from the Orange County Central Men's Jail.

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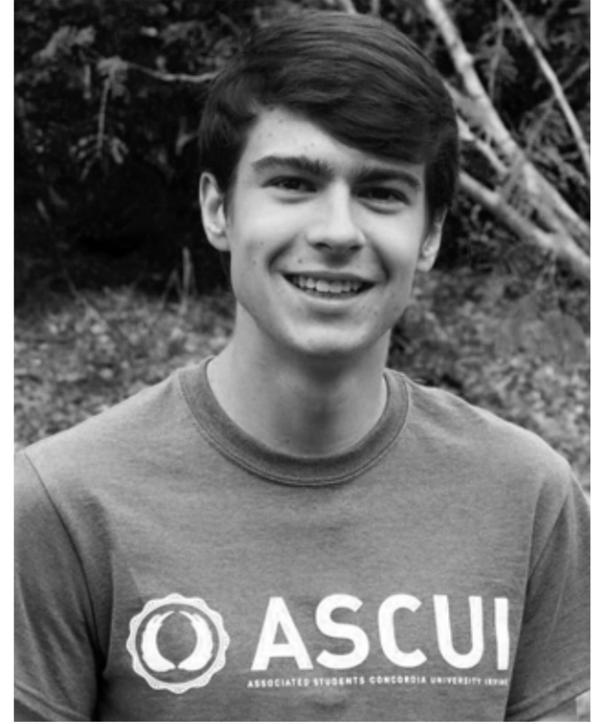
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Men's Volleyball season update

SARAH JOHNSON
STAFF WRITER

On New Year's Eve, while most people were preparing party dishes and eagerly awaiting the start of the new year, the Men's Volleyball team was playing their first match against the Southern Alberta Institute of Technology. The Eagles first win in late December set them off in the right direction.

The next three matches against The King's University, University of Regina and University of

"We played really well together in three close games. Each of us held up our positions and duties and finished it off strong. It's always rewarding to win a really good, competitive game"

Charleston ended in Eagles' wins. The men consistently swept their opponents, winning 3-0 in each of those matches. As January progressed, they finished the first month of the semester with another win against Princeton.

As of Feb. 16, their record was 8-2, with a recent win against



Holy Names University.

Junior Ryan Murphy spoke highly of his team's collective performance during the match. "We played really well together in three close games. Each of us held up our positions and duties and finished it off strong. It's always rewarding to win a really good, competitive game," Murphy said.

On Feb. 6, the Eagles lost to California Baptist University (CBU) in Riverside. Junior AJ

Hammer led the team with 12 kills and one block. Hammer said, "CBU is a good team. We did what we could, and played a solid game. Sometimes, things don't go your way."

Despite the young age of the Men's Volleyball program at Concordia, they have created and maintained great achievement. 2012-2013 was the inaugural season for Men's Volleyball program where former Head Coach, Trev-

or Johnson led the team to their first NAIA National Championship. Last year, the Eagles were undefeated at home with a record of 9-0. This season, they are eager to use their triumphs as motivation for the upcoming games.

The early wins this season have really prepared them for great opportunities as it continues. As a new member of the NCAA conference, the competition has gotten tougher, with games against

schools such as UCLA and UCSD.

The Eagles have many exciting games to come as the school year progresses. The next home game is the alumni match tonight at 6 p.m. and their next regular season home game is on Mar. 10 against UCSD. As the season continues, check cuieagles.com to follow the team for the remainder of the year.

Lacrosse season starts off strong

EMMA DEEHAN
STAFF WRITER

This month marked the start of the season for Men's and Women's Lacrosse (LAX). The men played and won their first game on Feb. 7 against UCLA and on Feb. 12, they won again at Loyola Marymount University. Women's LAX played their first three games last weekend in Santa Barbara. From Feb. 12-14 they played

against teams like Utah State University, University of Denver and Stanford University. Though they lost their initial games, they have many more opportunities to grow as a unit as the season progresses.

Ryan Brent, Head Coach for both Men's and Women's LAX said he has the same goals for both teams this season. Brent said their goals are to "improve every single day, be there for one another and show God's grace in every-

thing that we do." Brent explained that the men's team has their eyes on a national championship this season. "[The boys are] probably the hardest working group I have ever been around [and] you will never have to question their heart or their dedication," said Brent.

Referring to the women's team Brent said, "We lost a lot of big names from last year's group." Expectations are still high as the ladies become a cohesive group

with the new players. Brent said the women's team captains have done a great job of integrating the new players with the returners and is positive about both team's potential.

Sophomore men's team captain, Winston Robinson, said, "I think we have infinite potential, but we need to actualize that potential by putting in a bunch of hard work and growing together as a unit." Another captain, senior

Robert Romero, who has been playing lacrosse since middle school said, "The only obstacle I see in front of us is ourselves. We are only as good as we want to be. If we play to our full potential there is no stopping us."

The three captains for the Women's LAX team, juniors, Emily Cabuling, Sabrina Manriquez and Allie Kyte have high expectations for the season. Kyte, who has played lacrosse for 9 years, said, "an expectation that I have this season is to do more than win. It's to celebrate the little things that will happen as we grow and improve as a team." Manriquez added she is "stoked" for all the new players they have and said, "they all have a lot of natural athletic ability." Manriquez feels that the women are coming together really well as a group even in these early stages of the season.

"We are all going to be tested but we are all going to step up to the plate," Cabuling said. "We are all going to be on that level we need to be [and] we are all going to unify."

Support the lacrosse teams as their seasons progress. Men's LAX play tomorrow at Whittier College at 7 p.m. and Women's LAX play against San Jose State University at 11 a.m. Go to cuieagles.com to find out more about the lacrosse teams and game schedules.



Goals before & after graduation

ZACK MOGHADDAM
STAFF WRITER

With the initiation of the new year and spring graduation less than three months away, Concordia senior students set their sights on short-term objectives before graduation as well as their long-term ambitions after graduation.

Nokukhanya Shabalala (top left) plans on attaining academic success this semester and hopes to encourage others on campus through her Christian faith. Shabalala said that because she is aiming to attend graduate school, she is working towards earning “really good grades.” Also, Shabalala desires to “influence somebody, so that they can turn around and say ‘because of what you did through Jesus, I did not give up today.’” Shabalala is determined to work hard, and she has made it a goal for herself to be keener on making a positive impact on the lives of her peers.

Michele Musegades (top right) is focused on excelling in both the classroom and in the workplace before she graduates. Musegades said that her academic goals before graduation are to “focus on my major and to really pay attention to what we can get from these classes.” Musegades is also working on campus with abbey west and is looking forward to continuing to grow as a professional. She is interested to see how her work experience can be useful for her future career. Musegades has her goals set on paying close attention to her major classes and professionally advancing through her job on campus.



Jason Ryan (bottom left), who is studying Communication Studies, is concentrated on achieving academic success, being a man of character and pursuing his life-long dream of working in the film industry. He said that his academic goals are to “get as high of grades as possible” before graduation. Furthermore, Ryan said that his personal goal before graduation is to “be the best person I possibly can, at all times.” He also said that “you always want to stay humble,” especially in the industry that he wants to go into. Additionally, Ryan said that he wants to pursue his goal of being a movie writer, producer and director in Hollywood. He is so dedicated towards his goal of achieving success in the film industry that he moved from Syracuse, New York to Southern California to make his dream a reality.

David Sargenti (bottom right), a Theology major, is goal oriented in many aspects of his life. Sargenti is looking forward to developing a project for the annual President’s Academic Showcase. “My goal is to provide some meaningful discussion,” said Sargenti. In addition to his academic goals, Sargenti desires to serve in God’s ministry and become a preacher. Before Sargenti earns his degree and graduates, he would like to see a revival on campus through the power of the Gospel. “I want to be a part of that through prayer” said Sargenti.

It seems Concordia’s seniors have one common goal: cultivating themselves.



Inside the mind of an Eagle: presidential election predictions



AMANDA DRUCKERY
STAFF WRITER

The 2016 Presidential Elections are starting off on an exciting note. Some Americans were stunned after the Iowa Caucus while others were not surprised. Concordia students gave their opinions on the Iowa Caucus and New Hampshire primary as well as their predictions and insights for the election.

Sophomore Skylar Feldman did not expect the outcome on the Democratic side. She was amazed that Hillary Clinton won. Feldman said, “I feel like a lot of people are against Clinton.” Feldman believes that Ted Cruz is the way to go. “I like his background,” said Feldman. “I like the way

“Sophomore Andrew Russell’s candidate of choice is Marco Rubio. ‘I like his policies and his demeanor,’ said Russell. ‘He is the most qualified and honest out of the all the candidates.’”

he [has held] himself together through the campaign.”

Senior Shea Frates was shocked that Clinton won by 0.3%. Frates said, “It was really intense.” She believes that everything is up in the air when comes to this election but does believe in the end the

nominees will be Donald Trump and Clinton. Frates’ candidate of choice, however, would be Bernie Sanders. “I feel like he is a great representation of the authenticity of the American people,” said Frates. “He goes against the establishment and he is very honest, which I like.”

Sophomore Andrew Russell’s candidate of choice is Marco Rubio. “I like his policies and his demeanor,” said Russell. “He is the most qualified and honest out of the all the candidates.” He was astonished by the results on the Democratic side. He does not think Trump or Clinton will be the official nominees. He thinks Sanders will end up as the Democratic nominee and feels that it is anyone’s game for the Republican nominee.

Sophomore Bryan Hernandez was also surprised that Clinton won in Iowa. “Hillary should not have won because of all the speculation and controversy surrounding her campaign,” said Hernandez. He predicts the nominees will be Sanders and Rubio, whom he favors. “He (Rubio) seems like the most consistent candidate,” said Hernandez.

The close race in Iowa intrigued senior Ian Warren. “I was surprised by how close it was,” said Warren. “I think Hillary Clinton underestimated Bernie Sanders. It is now a real race.” He does, however, believe that Clinton will come out on top as the Democratic nominee. “I think the Republican nominee will be between Rubio and Bush,” said Warren. “But I don’t know what it’ll come to. It’s all over the place.” Warren’s candidate of choice is John Kasich. “I think he is the most level-headed in the debates. He is experienced in politics,” Warren said. “If elected as the nominee, he would be able to appeal to Independents because he is not far to the right.”

For the youth who shall inherit the country, voting is essential. The ability to vote for someone to represent the wants and needs of the country is a privilege. For more information on each candidate’s platforms, go to <https://www.isidewith.com/political-quiz> to figure out which candidate best reflects your values and ideals.

Conquering Core in Cambridge

This semester, four Concordia students are studying abroad at Westfield House in Cambridge as part of Concordia's Core Cambridge program. Under the instruction of CUI professors Dr. James and Dr. Susan Bachman, these students study Core English and History as well as other courses offered by Westfield House of Theological Studies. This week, the students and professors share some of their favorite memories and observations about life in England.

Two countries divided by the same language

SUZY REYES
STAFF WRITER

George Bernard Shaw, a mid-20th century writer, cleverly captured the illusion that Great Britain and the U.S. are alike because English is the common language. One of the advantages of four American students deciding to study in Cambridge was the minimal language barrier. Or so we thought. Yes, Britons speak English here (for the most part) but their language just seems more proper. After living in Cambridge for about a month now, I've noticed comfortable similarities and striking differences in language

and daily life. We've noticed that the British are more orderly due to the density of population. In California we've become used to the hectic traffic our notorious freeways, but Britons have interesting and different ways of dealing with closely packed numbers of residents and tourists.

For one, everybody cycles. That's what they call "biking" here. As a pedestrian, it is chaotic trying to dodge cars and cyclists. Everyone speeds by really fast and even weave in and out between double-decker buses. See if you can name five people you know who bike to get around in the U.S... exactly. You can't.

Along with cycling, public transportation is imperative here unless you want to walk everywhere. "Brits don't take walks, they hike," said my friend, Cristina. She filled us in when we were telling her about how far we have to walk to get some-

where. We hike two miles to our favorite stores, and although we've gotten used to these walks, we're grateful we don't walk this much in California. During business hours, buses rotate almost every ten minutes, and taxis can be found on every corner. With all of these methods of transportation, the British handle congestion well.

A big difference from the U.S. is how orderly everything in England has to be. Queues, or lines, are a big deal around here. Cutting anyone in a queue is socially unacceptable. While Britons are known to be reserved and private, they are polite but stern when it comes to order. They would not yell at you; they will simply, in a quite firm way, correct you. For example, you cannot go up to the counter at the surgery, or doctor's office, unless you wait in the queue first. Americans are much

more laid back about this type of protocol compared to the British.

After a short time, we have adapted to this unfamiliar culture. Recently, at Westfield House, those of us who are American learned the proper British way to make tea! Our housekeeper, Hilary Wood, taught us how to prepare it step-by-step for the perfect cup. A necessary step: ALWAYS PUT YOUR MILK IN THE CUP FIRST. Likewise, Hilary is equally stern on the correct way to wash dishes. And we absolutely have to keep the windows closed every time people are out of the house. But, Hilary is not strict about everything. She is always the first on the dancefloor at a local pub called "The Grapes." Even with their orderly lifestyle, British people find time for fun.

Hilary strikes us as the perfect example of a true British woman.

Like many other Britons, Hilary takes her dog, Jimmy, everywhere! When she tidies up rooms in Luther Hall, she lets Jimmy sit on the floor near her. He follows her around possessively. Brits are much more lenient about where dogs are allowed than in the U.S. For example, dogs regularly accompany families in pubs. Famous and wealthy British landowners often have paintings made of themselves with a favorite horse or dog.

Both the Greek philosopher Aristotle—known to all Core Philosophy and Core English students—as well as the best-selling author, Robert Fulgham, alert us that good thinking comes from recognizing similarities and differences. We are definitely getting an education about English differences during our stay in Cambridge.

... Orange County jailbreak provides lesson in crisis communications

Continued from page 1

A weeklong manhunt for the three escapees, who were considered dangerous and possibly armed, ensued, propelling the department – and Moghaddam's internship – into overdrive.

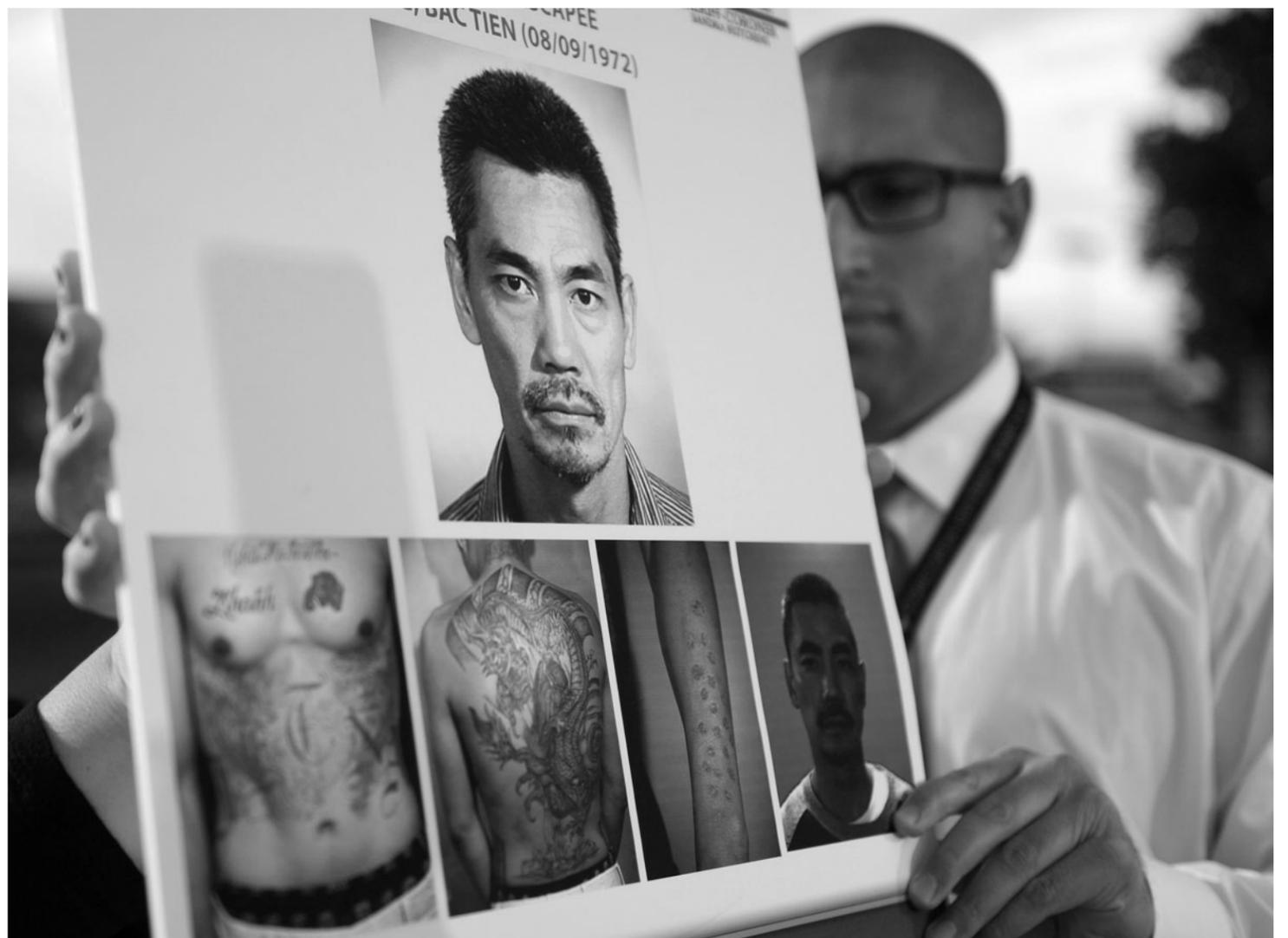
"The Public Affairs Office worked around the clock during the eight days between the escape and capture of the three fugitive

"The Public Affairs Office worked around the clock during the eight days between the escape and capture of the three fugitive inmates"

inmates," said Grangoff. The office held daily press conferences, provided multiple updates from county officials, and deployed on-going social media posts in a strategic push to keep people informed, and solicit the public's help. "Zack had the opportunity to observe this process firsthand and was always ready, willing and able to assist," said Grangoff.

"When the jail break happened, I thought, 'Wow, this is public affairs.' I watched the department respond with urgency and determination," recounted Moghaddam.

One of the lessons that resonated with Moghaddam was watching the department use new technology and social media to create frequent touch points with the public. "The office used Facebook, Twitter, Instagram. Press conferences were put on Periscope. Criminal justice has really evolved," Moghaddam



Working hard behind the scenes, Concordia senior Zack Moghaddam holds a Sheriff's Department poster of escaped inmate Bac Duong during a press conference on Wed., Jan 27. Duong was one of three inmates that escaped from the Orange County Central Men's Jail on Sat., Jan. 23. All three inmates were recaptured.

JEFF GRITCHEN, STAFF PHOTOGRAPHER, THE ORANGE COUNTY REGISTER

said, recalling that, "The first public communications were wanted posters posted on walls. Now with social media, the public is just one click away from knowing what's going on."

All three fugitives were recaptured by Sat., Jan 30.

Moghaddam's contributions during the manhunt did not go unnoticed. "He never fails to conduct himself in the professional manner that is required at a law enforcement agency. Zack's ability to learn quickly and write well have been incredibly helpful in the work he does for our office," said Grangoff, adding, "We can always depend on Zack to get the job done."

Moghaddam says his time in the classroom helped prepare him for his internship. "My professors stress writing and being a good communicator, both orally and written. Learning how to research and write in a clear way; those skills transferred well for this internship." Referring to the eight intense days when the escapees were at large, "I don't think I was this huge help," Moghaddam said modestly, "but I did assist."

Internships provide opportunities to gain practical experience and can serve as a link between the classroom and workplace. A good first step for students searching for an internship is to identify their ca-

reer aspirations. Concordia's office of Career Development can assist in this area and help students launch an effective internship search. "Students often don't realize that they can be much more successful when they target specific employers and opportunities where they can further their career path," said Victoria Jaffe, Director of Career Development Services.

An internship experience is a two-way street; wherein both the employer and the student benefit from the collaboration. "When it comes to selecting an internship, students should evaluate whether it offers career related, hands on experience; networking opportunities;

and where they can enhance their communication, time management and problem solving skills," Jaffe advised.

The Sheriff's Public Affairs Office generally has one to two interns per semester. All interns must go through the Department's background processes. It is recommended that prospective interns apply at least three months prior to the time they would like to intern. Interested students should submit a resume and cover letter to Ray Grangoff at rgrangoff@ocsd.org.

More information on Concordia's career resources can be found at <http://www.cui.edu/studentlife/career-services>.

Theatre hits Hawaii

KENDRA SITTON
EDITOR-IN-CHIEF

Last week, over 20 Concordia theatre student nominees and their scene partners competed in The Kennedy Center American College Theater Festival (ACTF). Since Concordia is in Region VIII, this year's competition was held in Hawaii. Sophomore Kyleigh Hoye placed among the top 32 semi-finalists chosen from the competitive pool of 300. Junior Megan Demarchi competed in finals with her partner from Orange Coast College (OCC) against 15 other pairings. Receiving an initial nomination to attend the festival is prestigious. These achievements further demonstrate the skill of Concordia's theater students.

"The competition is super stringent. You have hundreds and hundreds of some of the best actors in our region competing. Getting picked when there's so many schools, even being picked as a partner, is a huge privilege," said senior Nick Bedell who was partnered with Jordan Jones and senior Evy Moody.

Hoye was nominated for her performance in Two Rooms. With her partner, she performed two scenes and a monologue. "I actually got to perform a monologue I wrote which was really cool," said Hoye.

The three days of competition also included various workshops and featured entire plays performed by other schools. "The best thing about it is getting to choose what you want to learn. Getting to do that with your classmates and your professors is super fun," said Hoye.

With all the classrooms full for the competition, students went to extremes to find places to rehearse. "You have to improvise, and the funniest thing about it is people don't question it," said Bedell. His scene with Moody was physically brutal and included her threatening him with a gun and jostling. As they continued rehearsing the scene on a lawn

outside, he was sure that in any other context they would have been arrested. "You're standing in line and start saying lines to each other, you just keep going. You do it in weird places," said Bedell. At one point, Hoye and her scene partner rehearsed in the elevator going up and down because there was no other space available. "You got to do spontaneous theater in random places," said Hoye.

Demarchi partnered with one person from Concordia and a friend she had previously performed with who attends OCC. While advancing to finals with her friend, Demarchi said, "It was a little bit crazy. Every time we performed we changed venues, so between the preliminary round, the semi-final and the final, we changed spaces every time. It was really interesting to adapt." The first round was inside classrooms, the second inside a theater and the third was outdoors behind a hotel overlooking the beach in a luau setting. "Getting to perform pieces that we chose and we were passionate about was really fun. We had a lot of creative freedom to go wherever we wanted to with our pieces," said Demarchi.

With the beautiful location of the competition, the students struggled to find the balance between homework and learning more about theater as well as taking in their surroundings. During breaks in the competition, the students often slipped away to the beach to read, and also enjoy the 2,000-mile distance from school.

The culmination of the competition is a nomination to perform at The Kennedy Center, which this year was given to a person from Brigham Young University. Next year's competition will be in Phoenix where the Eagles are sure to represent Concordia as cultivated members of the student body. Demarchi added that she wanted to give "a big thank you to Concordia. It was a once-in-a-lifetime experience that I will never forget. I am so thankful for it!"

Rock the Amp: a show for everyone



JASON RYAN
STAFF WRITER

Auditions for the Rock The Amp talent show on Mar. 18 are being held next week. Rock the Amp is a tradition at Concordia where students get to share their unique talents with their peers. Each year, a variety of talents provide entertainment for students and other spectators. "Rock the Amp is the time of the year where students can let go for the night and just enjoy the laughs and entertainment that we all share together as a community," said sophomore Ashlie Rodgers, logistics LEAD Student Activities Coordinator for Rock the Amp. Over the years, the talent show has consistently been one of the most popular events on campus. Junior Nikki Ancona, Student Activities Coordinator said, "Students really enjoy performing as well as watching these talents, which makes it one of most memorable events at Concordia."

Junior Claire Brainard, Student Activities Coordinator, recalls the wide variety of acts that have performed in past shows. "We've had singers, stand-up comedians, dancers, spoken word, gymnastics and

juggling. Basically any act you can think of is welcome to audition," said Brainard. In previous years, students have teamed up and shown off some of their talents to the school as well. "Some impressive acts have been a nine man band, balancing acts such as balancing tables on faces and juggling and also some famous lip syncing acts," Ancona said.

During auditions, a panel of coordinators and judges get together to determine who gets to perform for their fellow students. According to Rodgers, vulnerability would be the main quality that the judges are looking for. "It is difficult to perform in front of your peers and we understand that. As coordinators and judges, we want to make the stage as comfortable as possible for the student. We look forward to watching students who are welcoming, humble and willing to give the audition their all," said Rodgers. The judges and coordinators will come to a conclusion as to who will be a part of the show when school resumes after mid-semester break.

When it comes time for the main event there will be no judges because it is not a competition. A judgement-free atmosphere is a key com-

ponent to the Rock the Amp talent show. "It's more of just a talent show for fun," said Ancona. The night of the event is about the acts themselves and the fun the audience has watching them showcase their talents. "It's pretty mind-blowing how talented the students are here at Concordia," said Rodgers.

This year, Rock the Amp kicks off the revival of a school-wide event called Spring Weekend which will include Super Teams. Spring Weekend was last held over ten years ago. Super Teams are comprised of students, faculty and staff who participate in the games on Saturday and Sunday. Those participating in Super Teams to present a rap or a skit at the end of Rock the Amp for the audience. "Super Teams used to be a huge deal at Concordia but slowly phased out. We are bringing it back," said Brainard.

For students who are interested in auditioning for Rock the Amp, sign-ups are in CSLD at the front desk. Students must provide basic information such as their name, phone number, talent and the day/time they are available to audition during the week of Feb. 22-25.

Sing your way into my heart



KRISTEN SAULMAN
STAFF WRITER

On Valentine's Day, alumni, students, staff and guests were treated to a serenade of love songs by members of Donne di Canto and the Men's Chorus. Held in the CU Center, the concert featured two sets of performances separated by a short intermission. The evening began with a brief overview of the program and a quick prayer for an enjoyable evening, which was soon answered.

From classical German love songs to contemporary romantic ballads, the choirs offered a diverse musical selection that delivered something for everyone. The audience was an assorted group of both students and the larger Concordia community. The musical choices clearly appealed to the audience by the smiles and warm applause that greeted the choir after every song and the numerous compliments that could be heard after the performance. The striking solos and group performances guaranteed a romantic end to

any Valentine's Day date.

Kicking off the evening was a flashback to the fifties with "Why Do Fools Fall in Love" by Morris Levy and Frankie Lyman. Donne di Canto gave a cute and catchy performance that set the mood for the rest of the evening. The vivid red gloves and choreographed dance that accompanied the song added to the entertainment. Rich and dynamic songs flowed one after another and quickly enraptured the audience. The accompanists added an aesthetic appeal to each piece of music that made the concert all the more enjoyable.

At the intermission, audience members were able to bid on silent auction items provided by choir members, including a spa basket and See's chocolates. Additionally, there were milk and cookies available for purchase during intermission. All proceeds from both fundraisers benefited the choir's upcoming trip to Austria in May. These auctions and snack items were a creative way to raise money for the choirs.

Following the intermission was the second set of musical performances that were just as lovely as the first. The combined voices of both choirs were powerful and pleasing to the ear, while solo performances enhanced the romantic mood of the evening. Several stunning performances gave chills to those listening. Just as the evening began, so too did it end with a fun and bubbly song that left the audience dreaming of romance following the final strains of "Sh-Boom (Life Could Be a Dream)" by James Keyes, Claude Feaster, Carl Feaster, Floyd McRae and James Edwards.

The entire evening reminded the audience that love is like a rollercoaster, punctuated with fast turns and catchy tunes, then slower melodies that give pause to reminisce. This Valentine's Day concert was exactly the sort of cheesy and romantic evening that one would expect and hope for from such a concert.

Upcoming choir and performing arts concerts can be found on The Arts page of www.cui.edu.

Fine Arts Preview Day

YVETTE MENDOZA
STAFF WRITER

On Sat., Feb. 20, faculty, staff and students will be hosting the annual Fine Arts Preview Day, an event for prospective students to take tours, hold one-on-one conferences with Admissions and seniors even audition for scholarships as they explore the world of Art, Music and Theatre at Concordia. The event is free and welcomes high school students of all grade levels.

Dr. Jeff Held, Director of Arts Activities, said that the prospective students will have a chance to attend and hear "the orchestras, the Concordia Choir and Concert Handbells, solo recitals, talks with professors and admissions counselors, and even a performance from our new 'Americana' Ensemble." There will also be four 20-minute sessions, each hosting a variety of events that the students can choose to attend.

Improv-ceivable will be one of the events that students will have the chance to experience. "We are going to be doing two simple games and then after we are going to play games with the prospective students," said Gianna Kozel, senior. Along with playing games of improv, the students will also be able to ask questions and learn how they can join. Not only is this event helpful for the students, but it is also helpful for the current

Improv-ceivable members. Kozel added, "For us, it's an opportunity to see who is considering coming to Concordia next year. It reminds us why we do Improv-ceivable in the first place and how much we rely on new students."

During the event, the admissions team will be holding one-on-one information sessions that will "give prospective students and their families an opportunity to speak with their personal admissions counselors," said Narleen DePauw, Undergraduate Admissions Events Manager. "I look forward to sharing my experiences at Concordia with prospective seniors," said Makayla Predney, senior.

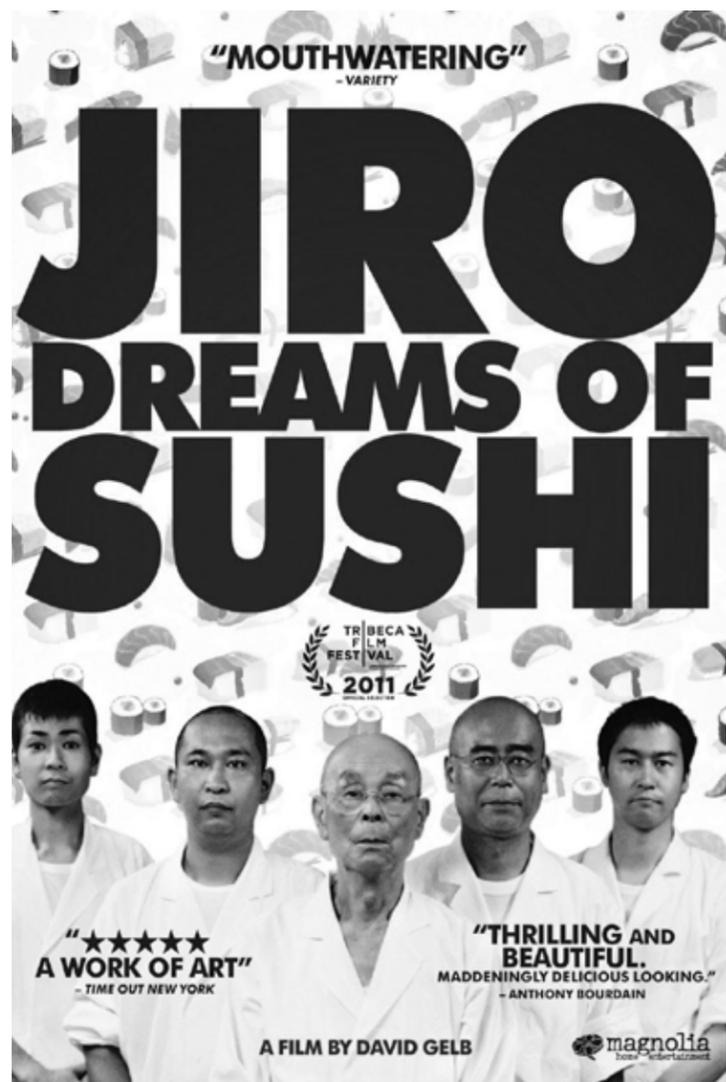
The event will be welcoming a number of auditions from prospective students. "Many auditions have been scheduled and prepared. We will hold over 80 auditions," said Dr. Held. With potential scholarships on the line, these auditions are only open to high school seniors.

Tomorrow will be a busy day for the arts departments. "Musicians and actors are rehearsing for the performances," said Held. "They will get a good feel for the music, theatre and art communities and will meet future classmates. It will be a fast paced day," added Held.

The event is geared to prospective students, but is open to anyone who would like to watch the performances. For more information visit cui.edu/fineartspreviewday.

What's new on Netflix?

A column that details the highs and lows of Netflix to assist Concordians in the ongoing struggle of picking something to watch.



Jiro Dreams of Sushi

TIFFANY THOMPSON
CAMPUS EDITOR

Plenty of people are familiar with sushi. Some love it and some hate it. Some claim to be sushi connoisseurs and drop mad amounts of moolah for what they perceive to be the perfect piece of sushi, while others prefer a Trader Joe's plate of California Rolls ringing in at a cool seven bucks. Sushi has become available literally everywhere. From the finest restaurants in Hollywood to the refrigerated section of gas stations directly adjacent to the Lunchables. But something has been lost in translation. The essence of sushi has been eliminated and a truly amazing work of culinary art and quality is difficult, if not impossible, to find.

Jiro Dreams of Sushi is a documentary that any foodie or sushi consumer - quite honestly everyone - must watch. Jiro Ono is, at the time, the 85 year-old star of this documentary. He owns his own restaurant located in a subway station in Tokyo called Sukiyabashi Jiro. It only seats ten people. That's right, 10 people. Do you know what Michelin stars are? Let me tell you, they make or break restaurants. If

you gain a Michelin star you will have lines out the door, around the corner and reservations booked for years. If you lose a Michelin star your restaurant will probably go out of business. The most you can obtain is three. Jiro has three. He knows everything there is to know

"Jiro Dreams of Sushi is a documentary that any foodie or sushi consumer - quite honestly everyone - must watch"

about sushi and is the most observant man I have ever witnessed on screen. He has dedicated his life, restaurant and his children to sushi. He serves what he wants to whom he wants, when he wants and still turns an unbelievable profit. The

restaurant has reservations booked months in advance. A cook will spend years only allowed to cook rice until Jiro deems him/her worthy of touching something else in the kitchen. There is more than just sushi being served up in this documentary, a delectable plate of sadness is served at the core due to Jiro's sons being trapped in their fathers shadow and quite literally unable to live up to his expectations. It provides a welcome distraction from the constant food talk and allows for the documentary to be more than just images of perfect looking food and Tokyo street shots.

I give *Jiro Dreams of Sushi* 5 stars and although I'm not a Michelin inspector, I believe that's worth something. If you have 81 minutes to spare I highly recommend immersing yourself in this mouth-watering documentary that is bound to leave you desperately requiring more from your food. At the end of the day the classic "treat yo self" motto will emanate from your being and you might just put down that gas station sushi monstrosity and opt for something more deserving of your tummy.

Chipotle: embrace the burritos or stay away?

ZACK MOGHADDAM
STAFF WRITER

Chipotle Mexican Grill Restaurants have taken a major blow to both revenue and customer loyalty after an *Escherichia coli* (*E. coli*) outbreak occurred at multiple restaurants nationwide. Although the Centers for Disease Control and Prevention (CDC) stated that the "outbreaks appear to be over," Concordia students weigh in on their perspective.

WebMD stated that *E. coli* is the name of a bacterium "that lives in the digestive tracts" of people. WebMD also said that there are various types of *E. coli* strains that can cause havoc in the human body. The *E. coli* infection can even lead to death in some cases.

Chipotle has achieved popularity in the food industry through serving their signature burritos, tacos and protein bowls with non-GMO, cage-free meat in a fast casual setting. According to Chipotle's website, the company produces food with high-quality raw ingredients, classic cooking techniques and a guiding vision to serve food with integrity.

The principle of food with integrity was compromised in 2015 with the countrywide outbreaks at numerous Chipotle restaurants.

Though the restaurant chain was rocked by the outbreaks, Concordia students face the dichotomy of skepticism and eagerness towards restoring their love for the burritos.

Senior Shea Frates is a fan of Chipotle, yet, she has her doubts



in returning. "I'm very concerned," said Frates, who understands that the two outbreaks have been deemed over, yet wants to take precautions before returning. Frates said that she will return to Chipotle eventually, but not any time soon. "I'm still very skeptical. I'll probably give it a couple of months," said Frates.

Sophomore Andrea Berumen said that she observed that Chipotle is implementing new mandatory procedures to ensure the health of the public. Berumen re-

cently went to a Chipotle with her sibling who consumed the food, while she did not. Berumen said that a manager showed customers the detailed procedures that they are taking to ensure safety, such as marking down temperatures of the meat and vegetables. After seeing the health safety changes firsthand, Berumen said that she "actually might give it a shot." Chipotle's health and safety changes to the restaurants throughout the United States have been reiterated by Chipotle through persistent

public announcements.

Chipotle said in a press release on Jan. 19, 2016 that they have implemented an enhanced food safety program that included a "farm-to-fork assessment of each ingredient" to ensure the health of each consumer. This could be the catalyst for earning back the public's trust.

Sophomore Arnold Berry said he would immediately go back to Chipotle. Berry does not eat at Chipotle often but said that he still trusts the restaurant chain.

"Everything that we do is a risk," said Berry, who recognizes that food is especially sensitive concerning risk towards consumer health. Berry said that after Chipotle has implemented new methods of handling the food to ensure public health, it seems as though it would be safer to eat there, rather than another restaurant chain.

For more information on what Chipotle is doing to increase consumer health, visit www.chipotle.com.

Marine lab now open to students on campus



TIFFANY THOMPSON
CAMPUS EDITOR

The Marine Lab is open today and every Friday from 11 a.m. to 2 p.m. It will also be open for other events throughout the year. The lab is located in Founders Hall 100 directly wedged between Founders Hall 102 and the observation pod. During visitation hours, student docents will staff the marine lab to provide information on the various animals.

Dr. Sean Bignami, Marine Biologist and Assistant Professor of Biology, provided the vision and design to build the complete sea water system. He began construction on the lab in fall of 2014 and completed it in a year.

In order to stock the lab Bignami has a scientific collecting permit that allows him to collect organisms and bring them back to be studied. He also receives animal donations from UC Santa Barbara. "I just went out snorkeling with one of my student volunteers and collected a lobster and a few other organisms," said Bignami.

The lab has been running for over six months and constantly has items being added to it. There were three major goals when constructing the lab, "student research, student education and now the third prong is the outreach," said Bignami.

The lab has already begun serving its purpose, "Just after opening it up in the fall we had students using it and classes using it," Bignami said. "In the fall we had two students do their senior thesis with it and we use it in the classrooms to do close learn-

ing with real live marine animals."

There are more than 25 animals in the marine lab. "The most exciting animals are our sharks. We have two swell sharks, one adult female and one baby that we hatched from an egg," said Bignami. There is also a Garibaldi and a California Sheephead, a sex changing fish, which, according to Bignami, is "very charismatic." Other residents of the lab include lobsters, sea anemones, abalone, sea grass, seaweed, sea stars, sea slugs and sea urchins.

In order to ensure success of the animals, the lab has a complete filtration and life support system including mechanical filtration and biological filtration. There is UV sterilization and a chiller that keeps it cold. A man from Orange County Reef Care donates 400 gallons of seawater on a weekly basis and, "gives us thousands of dollars a year worth of sea water," said Bignami. All of the animals are doing great.

Funding has been provided for the lab by the university but "There is an ongoing cost to the marine lab. We have to feed the fish, collection can be expensive. I can scuba dive but I need a diver to dive with. Boat access had been my biggest hurdle so far," Bignami added.

Donations would be greatly appreciated and any quantity of funding would go towards feeding the fish, collection of more animals, equipment, consumables and the educational outreach program.

Outreach is not just going to be open hours on campus. Bignami has bigger plans.

A mobile touch tank program with portable sea water trays is in the works. "We will go to local schools and bring animals to teach the kids about marine life, it should be up and running by the end of the semester." A grant from the Orange County Community Foundation is funding the outreach. To donate or volunteer contact Bignami directly at sean.bignami@cui.edu.

Bignami is also the advisor for the Biology club who's first meeting was this past Wednesday. The Biology club has set up two guest speakers. The first is on Feb. 25 with Dr. David Reinkensmeyer who is presenting his work on Robotic Rehabilitation, a combination of biology, engineering and medicine. The second is on Mar. 15 with Dr. Ben Trumble, a postdoctoral fellow from UC Santa Barbara who studies human endocrine physiology as it relates to anthropology. "It's going to be fascinating," said Bignami. "He's going to talk to us about his work with a tribal group in Bolivia and how their long term health impacts are different in their society as a result of some of their cultural and lifestyle differences and the impacts that those have on their physiology." Both seminars are at 5 p.m. and held in the DeNault Auditorium. A pizza dinner with the Biology club and speakers will be held afterwards. For more information on the Biology club or to join contact club president Jordan Dakin at jordan.dakin@eagles.cui.edu.

OC Cribz: Norman House

KARINA DIEZ
LOCAL/ GLOBAL EDITOR

In 1926, to escape the hustle and bustle of Beverly Hills, California state Senator William E. Brown and his wife, Mary Eleanor, began planning the construction of their home away from home on the bluffs of Victoria Beach. Known to Laguna Beach locals as the Pirate Tower, La Tour or the Norman House, the historic home continues to leave beach-goers in awe.

The Browns, active Christian Scientists, were inspired by the lifestyle they immersed themselves in on their mission trip to France during World War I. The architecture that had surrounded them left a lasting mark on their hearts, giving them the desire to bring the beauty that they had experienced back home with them. The French Provincial Revival style architecture of both the main house as well as the Rapunzel-esque tower that connects the home to the beach below, leaves onlookers with a longing to know what the walls this piece of history would say if they could talk.

In the early 1940s, the Browns sold their vacation home to Harold Kendrick, a retired Naval officer from Los Angeles. The children of Laguna would flock to his home to partake in the delightful shenanigans that would ensue. Eric Jessen, one of the members of the Laguna Beach Historical Society, recalls Kendrick dressing in pirate attire, hiding coins in the tower and playing games with

the local children. He kept the home in pirate theme, with oddities such as rattlesnake meat, a full suit of armor and a real shrunken head from South America.

During his years at the Norman House, Kendrick came to be known as "The Question Man," due to the gold coins he rewarded to those who could give a correct answer to the endless stream of questions that he posed. Warren D. LaVille wrote a book entitled "Squimick" about his experiences in the Norman House and the memories he shared with Kendrick. "I realize that the main reason for Mr. Kendrick's friendship to children was to watch children learn. There were times when I was over his house when all we did was talk, no contest (except for the little billiard game) and no demands, just discussion," said LaVille. "During that discussion, I learned many things. I was being taught without realizing I was in 'The Kendrick School of Knowledge.'"

Kendrick's goal was to inspire the children with whom he developed friendships to love learning and consider things from different perspectives. "To this day, I still remember his 'One Hundred Dollar Question.' Very simple, 'What kind of gimmick is a Squimick?' The hint was, 'you will find it on the bow of an old sailing vessel.' Up until the death of Mr. Kendrick in 1962, I do not believe that anyone had ever answered that riddle," said LaVille.



The iconic tower at Victoria Beach in the 1900s | Photo courtesy of Laguna Beach Historical Society. Photo taken from: <http://www.lagunabeachmagazine.com/norman-house-and-victoria-beach-tower/>

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